

# DIETARIES CAMP MENU

## BREAKFAST

**Freedom Foods Rice Puffs/Corn Flakes**



A2 Milk, Almond Milk, Rice Milk optional  
Gluten Free Bread

**Scrambled Eggs or Poached**

Gluten Free Bread



**Pancakes**

*Gluten Free Flour or Dairy Free made*



**Baked Beans or Spaghetti**

Gluten Free Bread



## MORNING TEA

Gluten Free and Dairy Free made for dietaries

Fruit pieces



## LUNCH

**Hot Dogs (Gluten/Dairy Free - Soy)**



*Vegetarian Hot Dogs for Halal and Dietaries*

Gluten Free Bread

**Baked Potatoes (Gluten/Dairy Free)**

*Students choose what they would like on top  
from our salad selection*



**BBQ - Sausages and Burgers**

*Vegetarian Burgers, Halal meat or Burgers  
made for other Dietaries*

Gluten Free Bread



**Rolls**

Gluten Free Bread

*Roll List provided to Teacher for Students to choose  
ingredients*



## AFTERNOON TEA

Gluten Free and Dairy Free made for dietaries

Fruit pieces



## DINNER

**Chicken Schnitzel, Gluten Free Gravy**



*Plain Chicken (not crumbed) for Gluten Free  
and Vegetables*

**Fish and Chips**



*Plain Fish Fillets (oven baked) for Dietaries  
and Salad*

**Roast Beef with Gluten Free Gravy**

*Vegetarian, Halal meat for other Dietaries  
and Vegetables*



**Pasta**

*Gluten Free Pasta, Dairy Free Sauce, Halal mince  
and other Dietaries catered with different sauces*



## DESSERT

Gluten Free and Dairy Free Desserts made for dietaries



## SUPPER

Gluten Free and Dairy Free made for dietaries

