

# 1 NIGHT CAMP MENU

## DAY ONE

### LUNCH

*Schools bring own Packed Lunch*

### AFTERNOON TEA

Cookies and Fruit pieces (Apples and Oranges)

### DINNER

**Roast Beef** with Gravy

Carrots, Peas and Roasted Potato

*Roasted Pumpkin for Teachers/Leaders*

*Or*

**Lasagne Pasta Bake** with

Coleslaw, Lettuce, Beetroot, Tomato and Cheese

### DESSERT

Apple Crumble with Ice Cream

*Or*

Chocolate Pudding with Cream

*Or*

Ice Cream in Cone (*Grade 3*) - *Something for Teachers/Leaders*

### SUPPER

Cake

## DAY TWO

### BREAKFAST

**Scrambled Eggs** on Toast

Cereal

Orange Juice

### MORNING TEA

Biscuits and Fruit pieces (Apples and Oranges)

### LUNCH

**Fresh rolls with your choice of fillings, plus fruit and cake**

*Some filling options are - ham & salad, cheese & vegemite, jam and salad*

### ALLERGIES AND INTOLERANCES

**Gluten Free**

**Dairy/Lactose Free**

**Gluten and Dairy/Lactose Free**

**Fructose Free - No Citrus**

**Vegetarian**

**Halal**