



School name: **EXAMPLE PROGRAM** (tailored for each school)

Number of Students: 160-210

*Laser sport extra cost - \$21 per student.
*Swimming pool added in warmer months.

Number of Groups: 14

Please allocate 1 x Teacher to each Activity Group - All Harness Activities (in red font) are run by AAR Staff with assistance from Teachers - ALL other Activities are run by Teaching Staff (except Laser sport)

**Please allocate 2 x Teachers to Swimming pool and Raft Building Activities - Ratio is 1:10

MONDAY/TUESDAY					TUESDAY/WEDNESDAY							WEDNESDAY/FRIDAY			
Need to be here by 10.30am	1pm - 2pm	2.10pm - 3.10pm	3.40pm - 4.40pm	Evening	8.15am - 9.15am	9.20am - 10.20am	10.55am - 11.55am	1pm - 2pm	2.10pm - 3.10pm	3.40pm - 4.40pm	Evening	7.45am - 8.15am	8.30am - 9.30am		Buses arrive at 10am
ARRIVAL by 10.30am Otherwise you miss the first Activity	GROUP 1	Giant Swing	Disc Golf	Free Time/ B'ball court/ games	*Laser Sport	Rock Climbing	Bocce Ball/ Volleyball	Low Rope Initiatives	High Ropes	Orienteering					
	GROUP 2	Archery	Giant Swing	Disc Golf	Free Time/ B'ball court/ games	*Laser Sport	Rock Climbing	Bocce Ball/ Volleyball	Low Rope Initiatives	High Ropes					DEPART by 10.30am Packed Lunch provided for everyone
Greet/Bags off Bus/Make way straight to undercover BBQ Area	GROUP 3	High Ropes	Archery	Giant Swing	Disc Golf	Free Time/ B'ball court/ games	*Laser Sport	Rock Climbing	Bocce Ball/ Volleyball	Low Rope Initiatives					*LAST DAY OPTIONS: In place of the morning activity, choose a Last Day we organise for you:
	GROUP 4	Orienteering	High Ropes	Archery	Giant Swing	Disc Golf	Free Time/ B'ball court/ games	*Laser Sport	Rock Climbing	Bocce Ball/ Volleyball					
	GROUP 5	Gaga Ball	Orienteering	High Ropes	Archery	Giant Swing	Disc Golf	Free Time/ B'ball court/ games	*Laser Sport	Rock Climbing	Bocce Ball/ Volleyball				
Orientation Walk & Talk 10.45am - 12pm	GROUP 6	Flying Fox	Gaga Ball	Orienteering	High Ropes	Archery	Giant Swing	Disc Golf	*Laser Sport	Free Time/ B'ball court/ games	Use of Main Hall OR Campfire/ Night walk	Staff & students pack bags & place outside near Bus Area/ Tree Prior to 8.15am	Choose Last Day Option >> (+extra costs) OR Choose Teacher run session	Morning Tea 9.30am - 10am	ONSITE OPTIONS ♦ Interactive Wildlife Show (additional cost)
	GROUP 7	Free Time/ B'ball court/ games	Flying Fox	Low Rope Initiatives	*Laser Sport	High Ropes	Archery	Giant Swing	Disc Golf	Orienteering	Use of Main Hall OR Campfire/ Night walk				
BYO Lunch 12pm - 12.45pm	GROUP 8	Orienteering	Free Time/ B'ball court/ games	Flying Fox	Gaga Ball	*Laser Sport	High Ropes	Archery	Giant Swing	Disc Golf	Use of Main Hall OR Campfire/ Night walk				
	GROUP 9	Low Rope Initiatives	Orienteering	Free Time/ B'ball court/ games	Flying Fox	Gaga Ball	*Laser Sport	High Ropes	Archery	Crate Stacking					
Teachers gather Students in Groups Undercover Area ready for Activities 12.50pm	GROUP 10	Free Time/ B'ball court/ games	Low Rope Initiatives	Orienteering	Bocce Ball/ Volleyball	Flying Fox	Gaga Ball	*Laser Sport	Crate Stacking	Giant Swing					OFFSITE EXCURSIONS (Depart at 9am) ♦ Healesville Sanctuary (additional costs)
	GROUP 11	Rock Climbing	Free Time/ B'ball court/ games	Low Rope Initiatives	Crate Stacking	Bocce Ball/ Volleyball	Flying Fox	Gaga Ball	*Laser Sport	Archery					
	GROUP 12	Disc Golf	Rock Climbing	Bocce Ball/ Volleyball	Low Rope Initiatives	Crate Stacking	*Laser Sport	Flying Fox	Gaga Ball	Free Time/ B'ball court/ games					
Access to Rooms after 2pm	GROUP 13	Low Rope Initiatives	Bocce Ball/ Volleyball	Rock Climbing	*Laser Sport	Orienteering	Crate Stacking	Free Time/ B'ball court/ games	Flying Fox	Gaga Ball					PARK STOP FOR LUNCH ON YOUR WAY BACK TO SCHOOL
	GROUP 14	Bocce Ball/ Volleyball	Low Rope Initiatives	Gaga Ball	Rock Climbing	*Laser Sport	Orienteering	Crate Stacking	Free Time/ B'ball court/ games	Flying Fox					

Set Meal Times - be seated 10 minutes prior to serving time. Duty Groups to pack up after meal times.

Breakfast: Served at 7am

Dinner: Served at 5.30pm

Dessert: Served straight after main meal

Supper: At your leisure



Please remember to wash & sanitise your hands before & after every Meal, each Activity & when using the bathroom facilities.

