

DIETARIES CAMP MENU

BREAKFAST

Freedom Foods Rice Puffs/Corn Flakes



Baked Beans or Spaghetti



Scrambled Eggs or Poached



Pancakes



A2 Milk, Almond Milk, Rice Milk optional
Gluten Free Bread

Gluten Free Bread

Gluten Free Bread

Gluten Free Flour or Dairy Free made

MORNING TEA

Gluten Free and Dairy Free made for dietaries



Fruit pieces

LUNCH

Baked Potatoes (Gluten/Dairy Free)



Hot Dogs (Gluten/Dairy Free - Soy)



BBQ - Sausages and Burgers



Rolls



*Students choose what they would like on top
from our salad selection*

Vegetarian Hot Dogs for Halal and Dietaries

Gluten Free Bread

Vegetarian Burgers, Halal meat or Burgers

made for other Dietaries

Gluten Free Bread

Gluten Free Bread

*Roll List provided to Teachers and Students to
choose ingredients*

AFTERNOON TEA

Gluten Free and Dairy Free made for dietaries



Fruit pieces

DINNER

Pasta



Chicken Schnitzel, Gluten Free Gravy



Fish and Chips



Roast Beef with Gluten Free Gravy



*Gluten Free Pasta, Dairy Free Sauce, Halal mince
and other Dietries catered with different sauces*

*Plain Chicken (not crumbed) for Gluten Free
and Vegetables*

*Plain Fish Fillets (oven baked) for Dietaries
and Salad*

*Vegetarian, Halal meat for other Dietaries
and Vegetables*

DESSERT

Gluten Free and Dairy Free Desserts made for dietaries



SUPPER

Gluten Free and Dairy Free made for dietaries

