



# EXAMPLE ACTIVITY PROGRAM

More Activities are available and we customise programs to suit your school

Number of Students: 120 to 140 Students for this schedule  
 Number of Groups: 10 groups of 13 or 14 students in each group

- ♦ Water activities
- ♦ AAR Staff run activities
- ♦ Teacher run activities
- ♦ Laser Sport - an additional cost

\*List of Activities that are NOT included in this program - we can swap any activity, colour for colour

- \*Flying Fox
- \*Crate Stacking
- \*Leap Of Faith
- \*Gaga Ball
- \*Laser Sport

| DAY 1                                |   |   |                               | DAY 2                         |                               |                               |                               | DAY 3                         |                           |                               |                               |  |  |                               |
|--------------------------------------|---|---|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|---------------------------|-------------------------------|-------------------------------|--|--|-------------------------------|
| <b>NEED TO BE AT CAMP BY 10:30AM</b> |   | 1.30pm - 2.30pm   | 2.40pm - 3.40pm               | 4.10pm - 5.10pm               | 8.45am - 9.45am               | 9.55am - 10.55am              | 11.25am - 12.25pm             | 1.30pm - 2.30pm               | 2.40pm - 3.40pm           | 4.10pm - 5.10pm               | 8.45am - 9.45am               | <p><i>All rooms cleaned and bags out near Bus Area/Tree prior to 9am</i></p> <p><b>CAMP DEPARTURE at 10:30am</b><br/>Packed Lunch provided for everyone</p> <p><u>Choose a LAST DAY option from the below which we will organise for you:</u></p> <p><b>ONSITE OPTIONS</b><br/>* Wildlife Reptile Show<br/>* Extra activity session/s</p> <p><b>OFFSITE EXCURSIONS</b><br/>* Healesville Sanctuary<br/>* Hedgend Maze<br/>* Y Water Discovery Centre<br/>* Yarra Glen Choc Factory</p> <p>*State/National Park - bush walks/picnic areas<br/>*Park/Playground stop</p> |  |                               |
| GROUP 1                              | <b>ARRIVAL 10.30am</b><br><i>Otherwise you miss your first Activity</i> | Canoeing  | Disc Golf x9 Hole             | Raft Building                 | Giant Swing                   | Bocce Ball & Beach Volleyball | Archery                       | Rock Climbing                 | Orienteering OR SWIM POOL | High Ropes                    | Low Ropes Initiative          |  |  |                               |
| GROUP 2                              |   | Low Ropes Initiative  | Canoeing                      | Disc Golf x9 Hole             | Raft Building                 | Giant Swing                   | Bocce Ball & Beach Volleyball | Archery                       | Rock Climbing             | Orienteering OR SWIM POOL     | High Ropes                    |  |  |                               |
| GROUP 3                              |   | High Ropes  | Low Ropes Initiative          | Canoeing                      | Disc Golf x9 Hole             | Raft Building                 | Giant Swing                   | Bocce Ball & Beach Volleyball | Archery                   | Rock Climbing                 | Orienteering OR SWIM POOL     |  |  |                               |
| GROUP 4                              |   | <i>Greet/Bags off Bus/Make way to undercover BBQ Area</i>                 | Orienteering OR SWIM POOL     | High Ropes                    | Low Ropes Initiative          | Canoeing                      | Disc Golf x9 Hole             | Raft Building                 | Giant Swing               | Bocce Ball & Beach Volleyball | Archery                       |  |  | Rock Climbing                 |
| GROUP 5                              |   |   | Rock Climbing                 | Orienteering OR SWIM POOL     | High Ropes                    | Low Ropes Initiative          | Canoeing                      | Disc Golf x9 Hole             | Raft Building             | Giant Swing                   | Bocce Ball & Beach Volleyball |  |  | Archery                       |
| GROUP 6                              |   | Orientation Walk & Talk   | Archery                       | Rock Climbing                 | Orienteering OR SWIM POOL     | High Ropes                    | Low Ropes Initiative          | Canoeing                      | Disc Golf x9 Hole         | Raft Building                 | Giant Swing                   |  |  | Bocce Ball & Beach Volleyball |
| GROUP 7                              |   | <b>Lunch &amp; Room Allocation</b>  | Bocce Ball & Beach Volleyball | Archery                       | Rock Climbing                 | Orienteering OR SWIM POOL     | High Ropes                    | Low Ropes Initiative          | Canoeing                  | Disc Golf x9 Hole             | Raft Building                 |  |  | Giant Swing                   |
| GROUP 8                              |   |   | Giant Swing                   | Bocce Ball & Beach Volleyball | Archery                       | Rock Climbing                 | Orienteering OR SWIM POOL     | High Ropes                    | Low Ropes Initiative      | Canoeing                      | Disc Golf x9 Hole             |  |  | Raft Building                 |
| GROUP 9                              |   | <b>1.15pm Teachers gather</b><br><i>Students in Groups under BBQ Area</i> | Raft Building                 | Giant Swing                   | Bocce Ball & Beach Volleyball | Archery                       | Rock Climbing                 | Orienteering OR SWIM POOL     | High Ropes                | Low Ropes Initiative          | Canoeing                      |  |  | Disc Golf x9 Hole             |
| GROUP 10                             |   |   | Disc Golf x9 Hole             | Raft Building                 | Giant Swing                   | Bocce Ball & Beach Volleyball | Archery                       | Rock Climbing                 | Orienteering OR SWIM POOL | High Ropes                    | Low Ropes Initiative          | Canoeing   |  |                               |

**Set Meal Times:**

**Breakfast:** 7.30am - 8.30am

1. Pancakes; cereal & toast
2. Scrambled eggs/poached for teachers

\*We also cater for all dietary requirements

**Duty Groups to set up 15 minutes prior to seating times**

**Lunch:** 12.25pm - 1.25pm

1. Baked Potatoes with salad selection
2. Packed Salad Rolls - Fresh bakery rolls

**Dinner:** Please start seating by 5.50pm - served at 6pm

1. Lasagna; Garlic bread & salad
2. Chicken Schnitzel & Veges - + Roast pumpkin for teachers

**Dessert:** Served straight after main meal

1. Choc Mousse for students - Cheesecake for teachers
2. Mini Pavlovas with berries & cream

**Supper:** At your leisure - Cake provided in Dining Room